## Role Description: Group Volunteer

**Responsible to: Volunteer Coordinator**

**Time commitment:** A minimum of 2 hours per week

**Locations:**

Bishops Stortford Letchworth Waltham Cross

Borehamwood Potters Bar Ware

Dacorum South OxheyWatford

**Who we are:**

Hertfordshire Mind is a mental health organisation that promotes mental well-being and provides a diverse range of recovery orientated services to residents across Hertfordshire. We are the largest mental health provider in the county and provide support to over 5000 clients every year.

**Purpose of role:**

We are seeking empathetic and understanding volunteers to support service users experiencing mental ill health who attend our Wellbeing and Meeting Place groups.

This is a great opportunity for anyone looking to develop their understanding of mental health issues and/or support people that are experiencing mental illness.

**Main tasks:**

* Prepare the room ready for the group including setting up tea/coffees
* Welcome clients to the group and ensure they are comfortable
* Engage with clients through talking and active listening
* Signpost clients to other Hertfordshire Mind groups, courses and Peer Support as well as external services which may be of benefit
* Report any safeguarding issues immediately to the facilitator/member of staff
* Assist with clearing away
* Debrief with Sessional Facilitator after each session

**What we are looking for:**

* Empathetic, understanding and non-judgemental individual
* Effective communicator
* Positive attitude
* Understanding of group dynamics and experience of working within groups (not essential)

**What we can offer you:**

* Two days of training to prepare for volunteering with vulnerable adults
* Induction and 6 week review
* Regular supervision with Volunteer Coordinator or a named contact at your place of volunteering
* Training opportunities once volunteering with us
* Reimbursement of out of pocket expenses

**Next steps:**

If you are interested please complete our application form <http://www.hertsmindnetwork.org/join-us/volunteering/> or contact the Volunteer Coordinator on 0203 727 3600.