## Role Description: Carers Group Volunteer

**Responsible to:** Carers Peer Support Coordinator

**Time commitment:** 1.5 hours fortnightly

**Location:** Zoom on line

**Who we are:**

Hertfordshire Mind Network is a mental health organisation that promotes mental wellbeing and provides a diverse range of recovery orientated services to residents across Hertfordshire. We are the largest mental health provider in the county and provide support to over 5000 clients every year.

**Purpose of role:**

To support with the running of the Carers Group.

**Main tasks:**

* To support with facilitating the online Carers Group and break out rooms.
* To oversee the chat box.
* Inform HMN staff if anyone has their hands up to talk or ask a question.
* To raise any concerns regarding the carers in the group – via private chat during or after the Zoom meeting.

**What we are looking for:**

* Good understanding of Zoom.
* Good understanding of the needs of carer.
* Good communication and listening skills.
* Some experience of group work.
* Friendly and approachable manner.
* Some one willing to learn new skills.

**What we can offer you:**

* Group experience
* Experience supporting carers
* Support from the Carers Peer Support Coordinator
* Could lead to more involvement within the Carers support service
* Potential for on going training

**Next steps:**

If you are new to volunteering with HMN and interested in this role, please complete our application form <http://www.hertfordshiremind.org/join-us/volunteering/> or contact the Volunteer Team on **0203 727 3600.**

If you are current volunteer with HMN and interested in this role, please contact carers@hertsmindnetwork.org or contact the Carers Peers Support Co-Ordinator on 02037 273600