## Role Description: Flourish Group Volunteer

**Responsible to: Flourish Group Coordinator**

**Time commitment:** 2 hrs a week

**Location:** Hemel

**Who we are:**

Hertfordshire Mind Network is a mental health organisation that promotes mental wellbeing and provides a diverse range of recovery orientated services to residents across Hertfordshire. We are the largest mental health provider in the county and provide support to over 5000 clients every year.

**Purpose of role:**

To assist the group co-ordinator with running a group that supports refugees and asylum seekers who require support with both their wellbeing and practical challenges.

**Main tasks:**

With your fellow volunteers, you will:

* Support clients with practical challenges including filling out forms
* Help to sign post and refer clients to the relevant agencies
* Support the groups coordinator with issuing and accepting referral forms
* To assist the groups coordinator with the setting up of the group
* To take a personal centered approach

**What we are looking for:**

* Someone who is committed to supporting refugees and asylum seekers
* Passionate about mental health
* Flexible working
* Open minded
* Able to work in a group and independently

**What we can offer you:**

**Two hours volunteering in a group and gaining knowledge and insight into mental health and asylum seekers and refugees lives.**

**Next steps:**

If you are interested, please complete our application form <http://www.hertfordshiremind.org/join-us/volunteering/> or contact the \*\*\*\*\*\*\*\*\*\*\*\* on **0203 727 3600**