

Role Description: Flourish Group Volunteer

Responsible to: Flourish Group Coordinator

Time commitment: 2 hrs a week

Location: Our group is currently running in Holiday Inn, London Rd, Markyate, Luton, AL3 8HH

Who we are:

Hertfordshire Mind Network is a mental health organisation that promotes mental wellbeing and provides a diverse range of recovery orientated services to residents across Hertfordshire. We are the largest mental health provider in the county and provide support to over 5000 clients every year.

Purpose of role:

To assist the group co-ordinator with running a group that supports refugees and asylum seekers who require support with both their wellbeing and practical challenges.

Main tasks:

With your fellow volunteers, you will:

- Support clients with practical challenges including filling out forms
- Help to sign post and refer clients to the relevant agencies
- Support the groups coordinator with issuing and accepting referral forms
- To assist the groups coordinator with the setting up of the group
- To take a personal centered approach

What we are looking for:

- Someone who is committed to supporting refugees and asylum seekers
- Passionate about mental health
- Flexible working
- Open minded
- Able to work in a group and independently

What we can offer you:

Two hours volunteering in a group and gaining knowledge and insight into mental health and asylum seekers and refugees lives.

Next steps:

If you are interested, please complete our application form <http://www.hertfordshiremind.org/join-us/volunteering/> or contact the ***** on **0203 727 3600**