

Role Description: Hertswise Memory Support Volunteer

Responsible to: Locality Worker

Time commitment: 2-3 hours per week

Location:

Watford (Wednesdays between 2pm and 4pm)

Abbots Langley (Thursdays between 2pm and 4pm)

Potters Bar (Thursdays between 2pm and 4pm)

Who we are:

Hertfordshire Mind Network is a mental health organisation that promotes mental wellbeing and provides a diverse range of recovery orientated services to residents across Hertfordshire. We are the largest mental health provider in the county and provide support to over 5000 clients every year.

Hertswise is a service designed to support people living with early on set dementia or mild cognitive impairments and their carers using the 5 steps to mental wellbeing in one to one and community group settings.

Purpose of role:

We are looking for volunteers to support locality workers in running community-based groups for people living with dementia and their carers.

Main tasks:

The main tasks for this role are as follows:

- Set up and clear room for the group including teas/coffees
- Welcome service users to the group and ensure they are comfortable
- Engage with clients through talking and active listening and supporting service users in taking part in activities being done
- Signpost service users to any other services that they may be interested in or that may help them in their current situation
- Report any safeguarding issues immediately to the locality worker
- Debrief with locality worker after each session

What we are looking for:



Herts Mind Network has been granted the Valuing Volunteer Management award for its commitment towards volunteers

- Friendly and welcoming person
- An individual who is able to engage with variety of people
- Smiley, happy and friendly
- A person who attends our Dementia Awareness Training
- Shows awareness and understanding of people, particularly memory loss
- A person who can have tea and conversation
- Bring humour and enjoyment to clients wellbeing

What we can offer you:

- Support and guidance
- Training
- Being part of wider community and making a impact and different to those who need it most

Next steps:

If you are interested, please complete our application form

<http://www.hertfordshiremind.org/join-us/volunteering/> or **0203 727 3600**