## Role Description: Lived Experience Representative

**Responsible to:** Marketing, Fundraising & Engagement Team

**Time commitment:** Various.

**Location:** Across the country. There will be face to face and online opportunities.

**Payment**: Voluntary (Travel expenses paid)

**Who we are:**

We work across the county to support positive mental health and wellbeing.  We provide a diverse range of services from our seven Wellbeing Centres and other venues across all ten districts of the county. Funded locally, our services are available to all residents in Hertfordshire over the age of 18 and we offer dedicated services for 5-18 year olds.

Our vision is to make sure every person in Hertfordshire will feel supported with their mental health.

**Role Description:**

We would like to hear from clients, past and present, who want to share their mental health story so that we can accurately portray the impact of Hertfordshire Mind Network services.

Your lived experience will help us accurately illustrate the impact of our services. It's crucial for us to convey the significance of your journey and our services to funders and potential clients.

How you choose to share your story is entirely up to you. This could involve providing quotes for our presentations and marketing materials or even participating in presentations alongside our staff. Sharing in person allows you to express first-hand how Hertfordshire Mind Network has influenced your life and mental health journey.

**Main tasks:**

As part of the role, you may be asked to:

* Share experiences of how Hertfordshire Mind Network supported you in the form of quotes or short paragraphs to be used in training, fundraising and marketing materials
* Appear in video case study presentations
* Attend talks and presentations with staff to represent Hertfordshire Mind Network.
* Give short talks on your experience of Hertfordshire Mind Network

**What we are looking for:**

* An individual with lived experience of mental ill health.
* An individual who is enthusiastic and passionate about supporting the work of Hertfordshire Mind Network.
* An individual who is willing to share details of their mental health struggles and personal story.
* An individual who is passionate about mental health and improving services that are provided.

**We would like you to be:**

* Able to communicate in a confident manner to a range of individuals.
* Comfortable sharing your story and experiences of living with mental health difficulties
* Able to travel to events if necessary

**What we can offer you:**

* Training courses provided internally.
* Experience of working in the charity sector.
* The opportunity to learn new skills and build confidence.
* Hertfordshire Mind Network’s commitment to a Health and Safety and Equal Opportunities Policy.
* Travel expenses paid in line with the Influence and Participation Policy.

**Next steps:**

If you would like to know more about this role, please get in touch with us:

**E:** [shareyourexperience@hertsmindnetwork.org](mailto:shareyourexperience@hertsmindnetwork.org)

**T:** 0203 727 3600

Or write to us at:

Share Your Experience, Herts Mind Network, The Wellbeing Centre, 501 St Albans Road, Watford, Herts, WD24 7RZ.