

Talk It Out Affordable Counselling Service

Autumn 2023 Timetable

Wellbeing Centre	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Bishop's Stortford	No counsellors currently available					
Borehamwood	11:00			10:30		
	12:00			11:30		
	13:00			12:45		
Letchworth	13:45				16:00	09:30
	15:00				17:00	10:30
	16:15				18:10	11:30
Hemel Hempstead	13:30					
	14:45					
	16:00					
	18:00					
	19:00					
Waltham Cross	No counsellors currently available					
Ware	10:00		15:45		10:00	
	11:00		16:45		11:00	
	12:30		18:00		13:00	
Watford	09:30			18:30	16:00	10:00
	10:30			19:30	17:15	11:15
	11:30				18:30	12:30
	15:00					
	16:00					
	17:00					
	18:00					
Remote	10:00	15:00	09:30	19:00	10:00	
	11:00		11:00		11:00	
	12:00					
	14:00					
	15:00					
	16:00					
	17:00					