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| **Volunteer Counsellor** | **Essential Criteria** | **Desirable Criteria** |
| **Qualification** |  |  |
| A professional qualification in counselling, at the minimum Diploma level. Alternatively, to be in a final diploma year or moving into your final diploma year or equivalent. | 🞼 |  |
| **Experience** |  |  |
| A good sense of the theoretical approach, to inform the counselling process | 🞼 |  |
| Understanding of the core conditions to build a trusting and respectful relationship | \* |  |
| Creative and flexible approach to working with individuals | 🞼 |  |
| Ability to deliver short term counselling interventions | 🞼 |  |
| Awareness of issues in mental health and service provision | 🞼 |  |
| Ability to work as part of a multi-disciplinary  team | 🞼 |  |
| Ability to deal with stressful and difficult situations in a calm manner | 🞼 |  |
| Confident and effective communicator | 🞼 |  |
| Clean Driving Licence and use of a car | 🞼 |  |

**Person Specification**