

Talk It Out Affordable Counselling Service

2025 Timetable

Wellbeing Centre	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Borehamwood			AM			
Letchworth						AM
	EVE				EVE	
Ware					AM	
		PM			PM	
Watford			AM		AM	
		PM	PM	PM		
				EVE		
Remote	AM		AM	AM	AM	
	PM	PM			PM	
		EVE				