## Role Description: Gardening Volunteer

**Responsible to:** Growing People Coordinator

**Time commitment:** Vacancies may vary, currently we run garden volunteering sessions on Thursday mornings and Saturday mornings between 09.30 – 12.30 pm.

**Location:** Letchworth

**Who we are:**

Hertfordshire Mind Network deliver essential mental health support in Hertfordshire, providing a diverse range of services from our eight centres and other locations across the county.

Funded locally, our services are available to all residents in Hertfordshire over the age of 18 and we offer separate services for 5-18 year olds.

We help individuals experiencing mental ill health to make choices, find their solutions, build resilience and manage their wellbeing. We offer opportunities for individuals to get support to allow them to recover from or live with mental ill health.

**Purpose of role:**

We are seeking Gardening Volunteers for our “Growing People” service at the Sadie Centre in Letchworth. This service offers therapeutic horticultural therapy sessions to adult for their mental health and wellbeing. Gardening volunteers assist at the project with all garden and site maintenance tasks.

**Main tasks:**

To support Growing People by helping to maintain and develop the grounds and gardens at The Sadie Centre and the Growing People orchard garden.

The role offers the opportunity to take part in a wide range of gardening tasks including planning, digging, weeding, watering, site maintenance, woodwork, log cutting etc.

**What we are looking for:**

* Interest and some basic skills in horticulture.
* Reliability and punctuality
* Committed to work as part of a team.
* Willing to help with general housekeeping duties e.g. making tea, tidying, cleaning.
* Ability to work safely with due consideration for themselves and others.
* **What we can offer you:**
* Induction and training
* Reasonable travel expenses may be reimbursed.
* Volunteers are covered on our insurance
* Opportunity to refresh work skills.
* Enjoyment and satisfaction of helping people on their road to recovery
* Pride and satisfaction from being part of the Growing People team.

Opportunity to work in pleasant garden setting

You will need to supply us with the names of 2 people who we can approach for references.

A DBS check will be required.

**Next steps:**

If you are interested, please complete our application form and state your interest in this role http://www.hertfordshiremind.org/join-us/volunteering/ or contact 0203 727 3600.