

Meeting Places

Spring 2026



Forthcoming Group Itinerary

Every Friday
1pm – 3pm

(Please arrive no earlier than 10 minutes before the meeting start times)

BOREHAMWOOD
WELLBEING CENTRE

10, Leeming Road,
Borehamwood, Herts, WD6 4DU

- 3rd April** **GOOD FRIDAY**
- 10th April** **Music Appreciation with Questions on Chosen Songs**
- 17th April** **Landmarks Picture Quiz**
- 24th April** **Amys Games**
- 1st May** **Attention Deficit Hyperactivity Disorder (ADHD)**
- 8th May** **Music Appreciation with Questions on Chosen Songs**
- 15th May** **Services Available at Hertfordshire Mind Network**
- 22nd May** **Guess The Year Picture Quiz**
- 29th May** **Borderline Personality Disorder (BDP)**

Email: meetingplaces@hertsmindnetwork.org
Website: www.hertfordshiremind.org
Phone: 0203 727 3600