

# Meeting Places

Spring 2026



## Forthcoming Group Itinerary

**Every Thursday**  
**11am – 1pm**

(Please arrive no earlier than 10 minutes before the meeting start times)

**LETCWORTH**  
**WELLBEING CENTRE**  
28, Broadway, Letchworth,  
Herts, SG6 3AA

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|-------------------|---|
| <b>2nd April</b>  | <b>Music Appreciation with Questions and Chosen Songs</b> |
| <b>9th April</b>  | <b>Letchworth Free Church Coffee Morning</b>              |
| <b>16th April</b> | <b>Services Available at Hertfordshire Mind Network</b>   |
| <b>23rd April</b> | <b>Landmarks Picture Quiz &amp; Mindfulness with John</b> |
| <b>30th April</b> | <b>Borderline Personality Disorder (BDP)</b>              |
| <b>7th May</b>    | <b>Attention Deficit Hyperactivity Disorder (ADHD)</b>    |
| <b>14th May</b>   | <b>Letchworth Free Church Coffee Morning</b>              |
| <b>21st May</b>   | <b>Picture Quiz &amp; Mindfulness with John</b>           |
| <b>28th May</b>   | <b>Music Appreciation with Questions on Chosen Songs</b>  |

**Email:** [meetingplaces@hertsmindnetwork.org](mailto:meetingplaces@hertsmindnetwork.org)  
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